

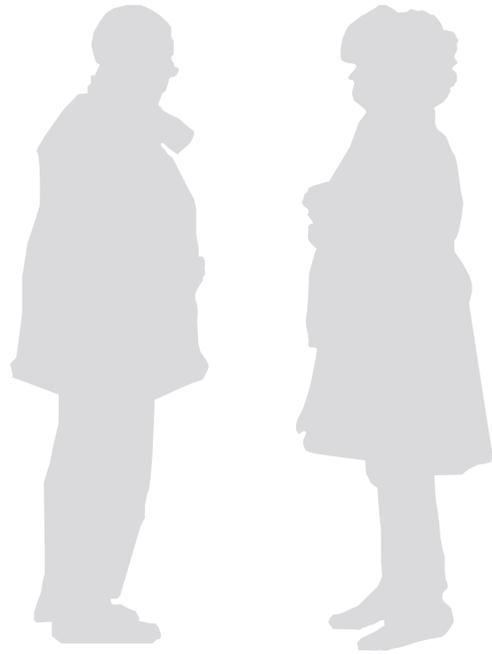


GLADSTONE
INITIAL OBSERVATIONS

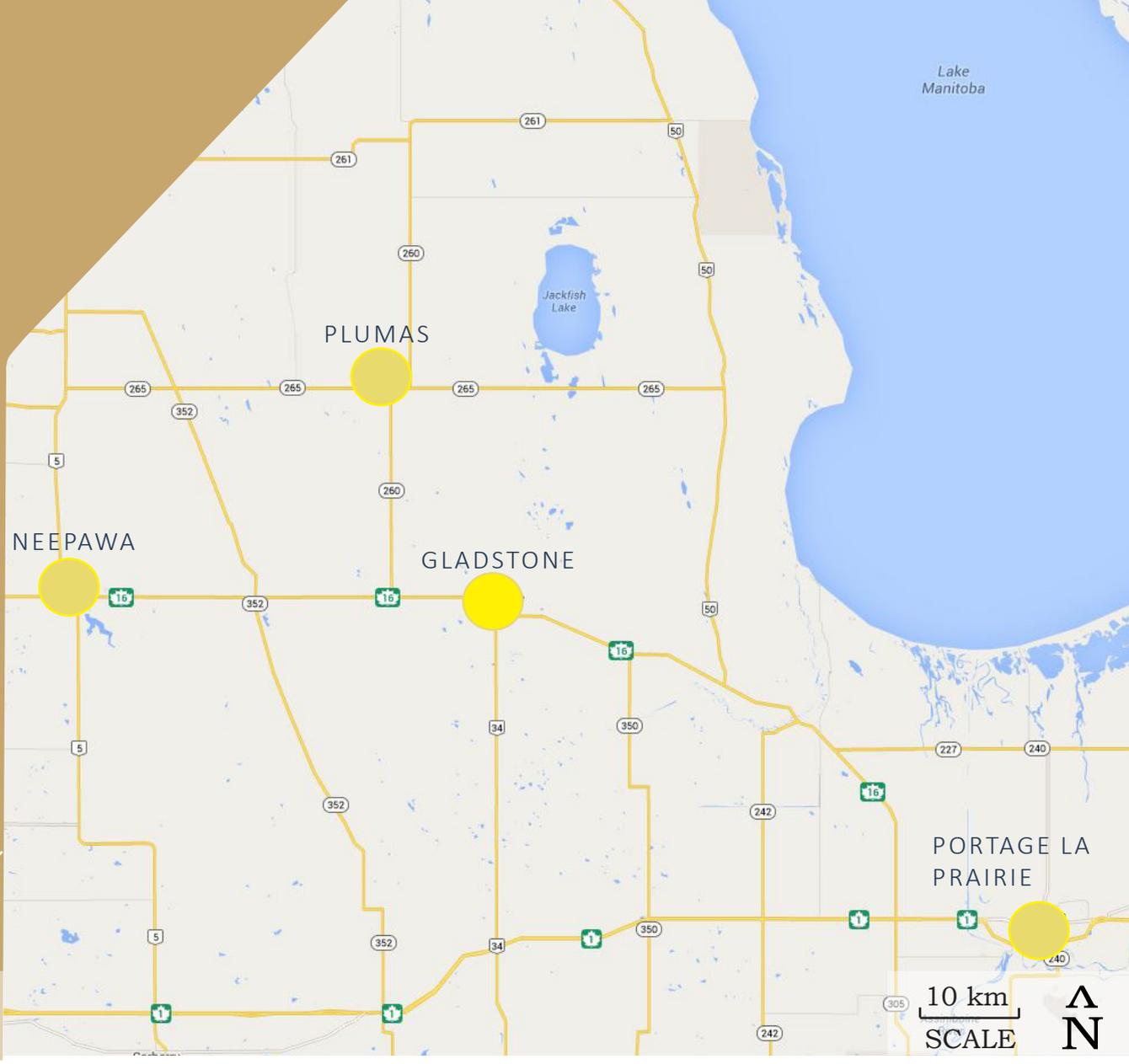
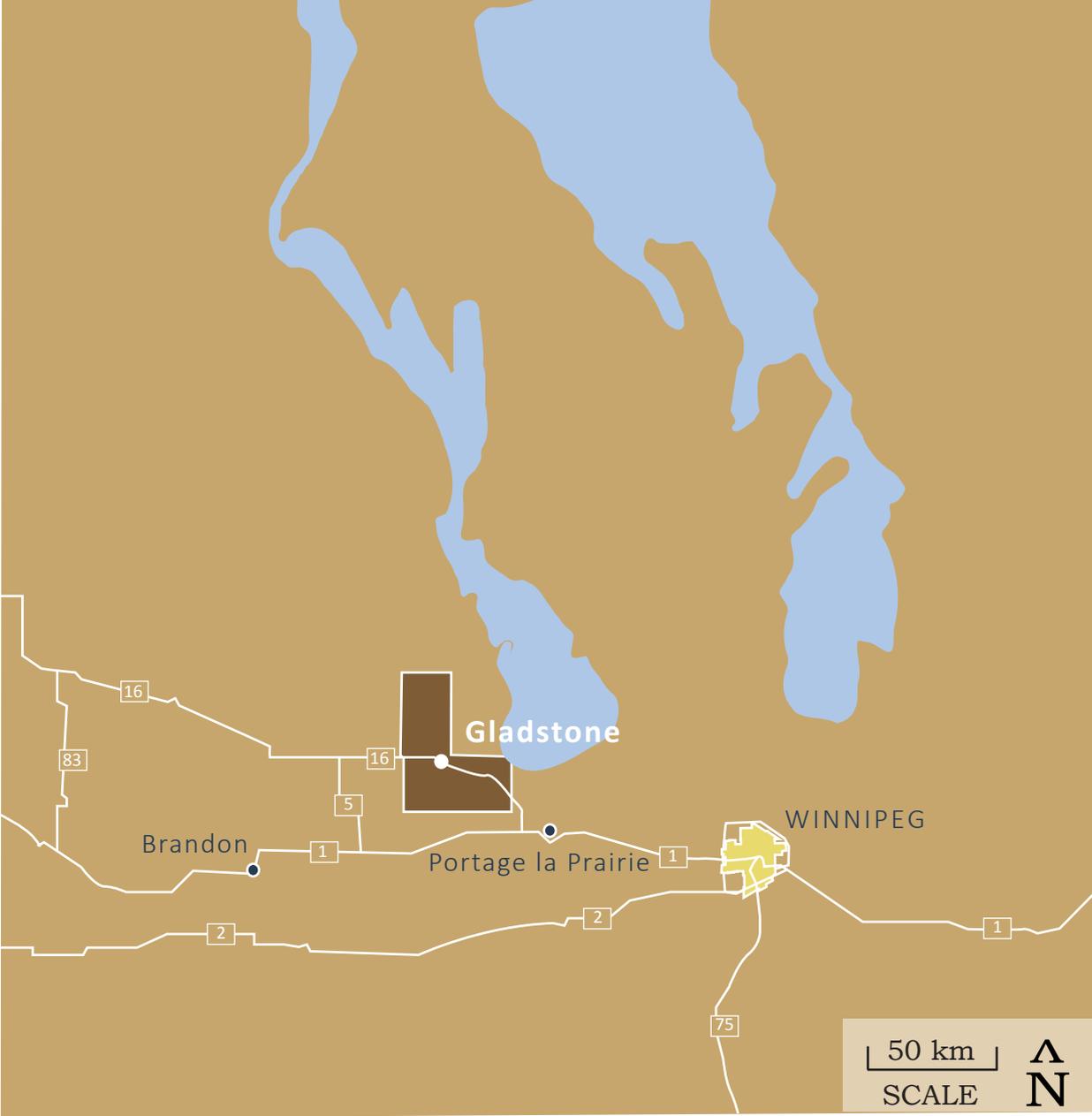
OCTOBER 22, 2013

Rakvinder Hayer, Carley Holt, Madeleine Koch, Courtney Lofchick, Dan Penner

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PART 1
LOCATION

History of Gladstone

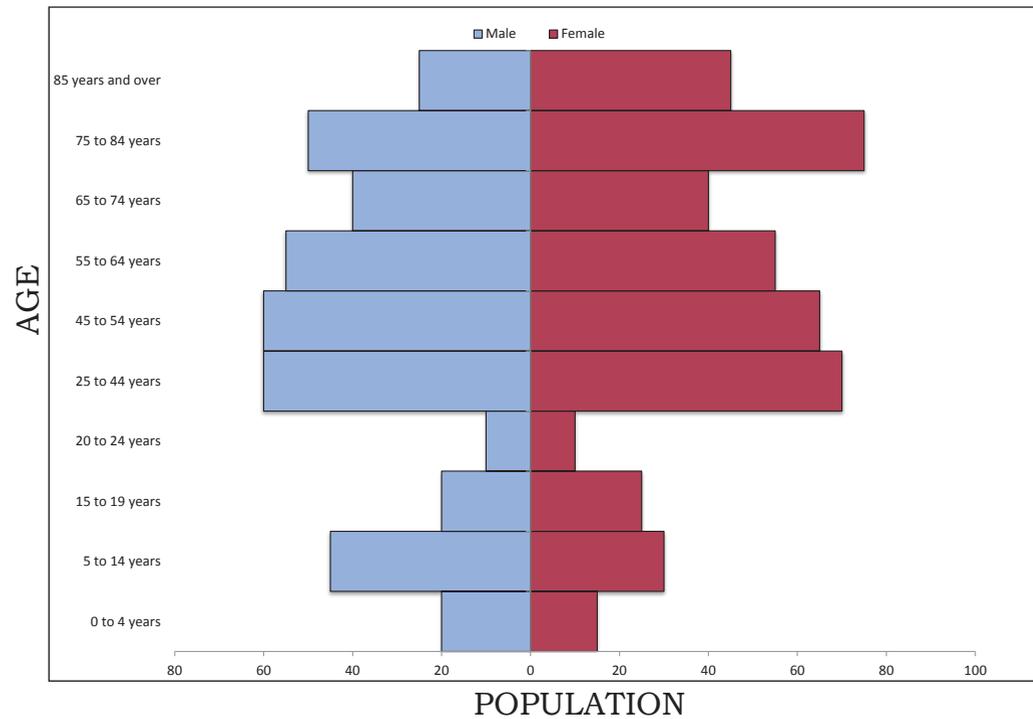
- 1880-82 ● Manitoba and North Western Railway line reaches Gladstone
- 1900 ● Magnus Wilson Brickyard is established
- 1901 ● Canadian Northern Railway line reaches Gladstone
- 1950 ● New hospital is built on Mill Street
- 1974 ● Third Crossing Personal Care Home completed
- 1977 ● Riverside Community Residence established
- 1993 ● Happy Rock completed
- 1997 ● United Grain Growers closes



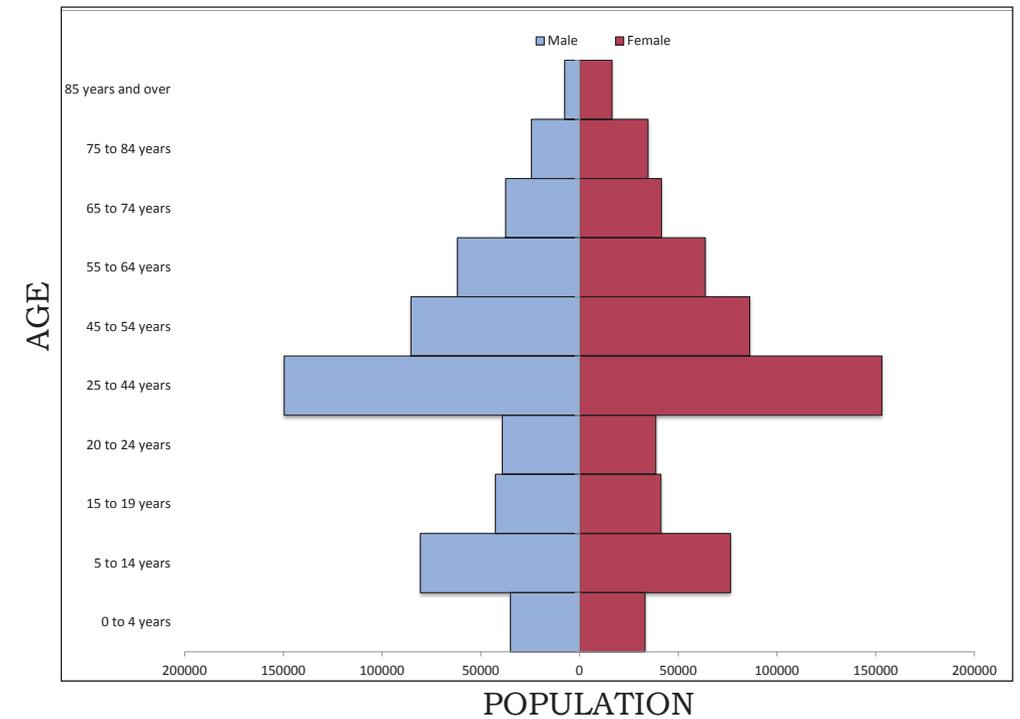
Population by Age and Gender

STATISTICS CANADA

2006 GLADSTONE POPULATION

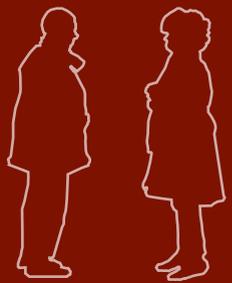
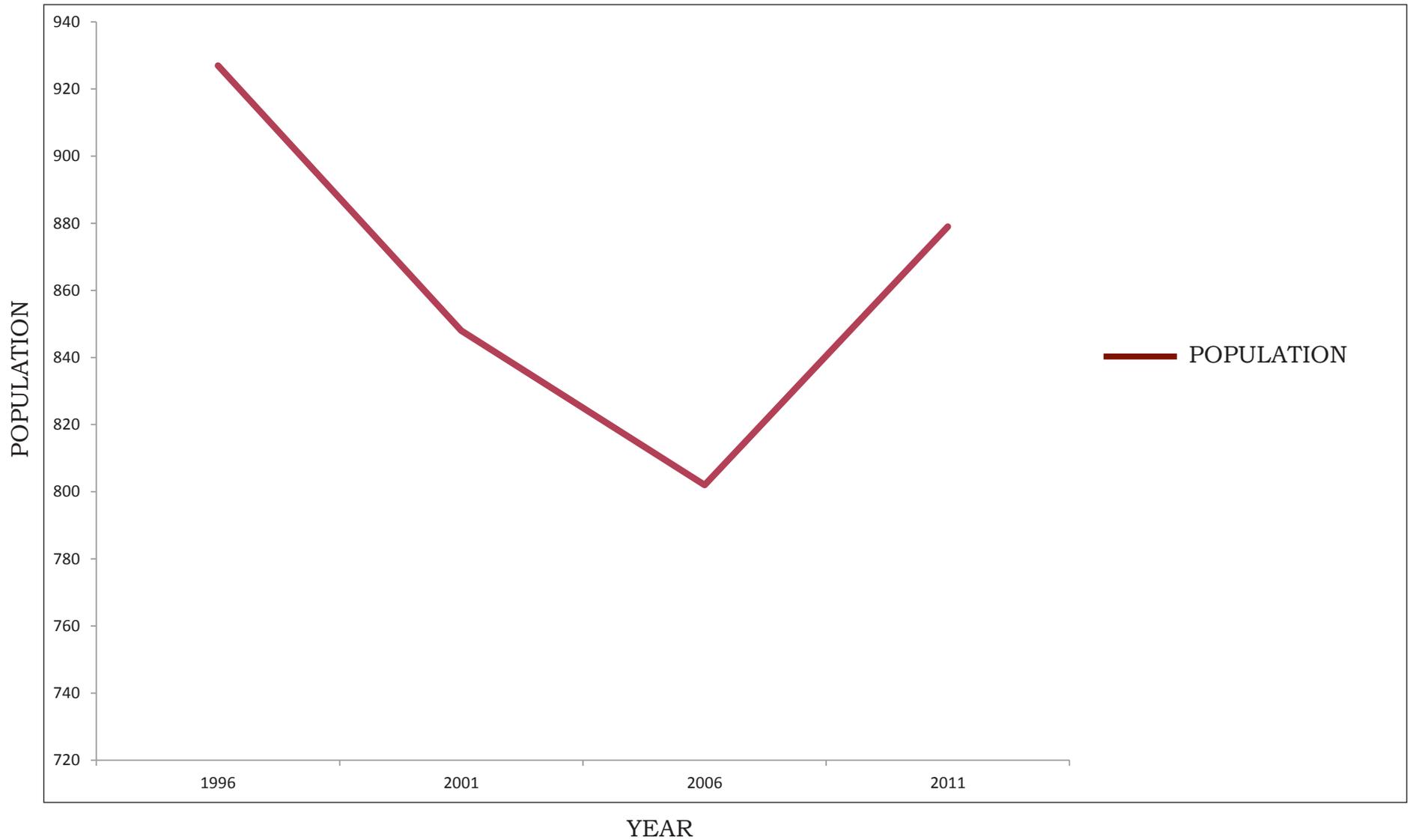


MANITOBA-WIDE POPULATION (2006)



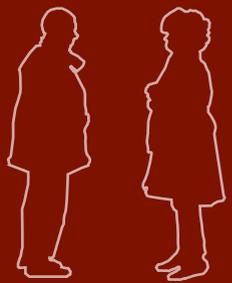
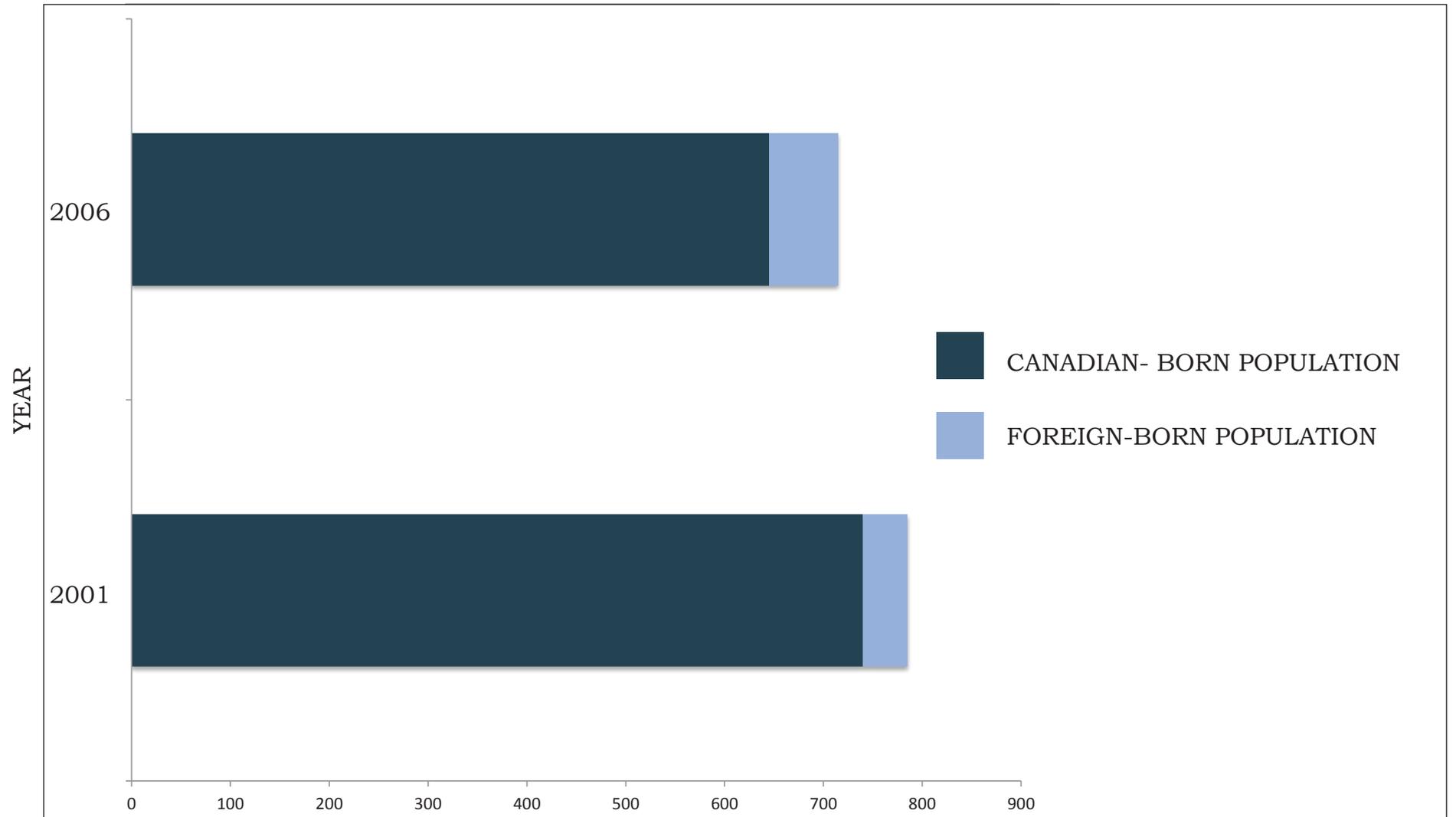
Population Fluctuation Between 1996 and 2011

STATISTICS CANADA

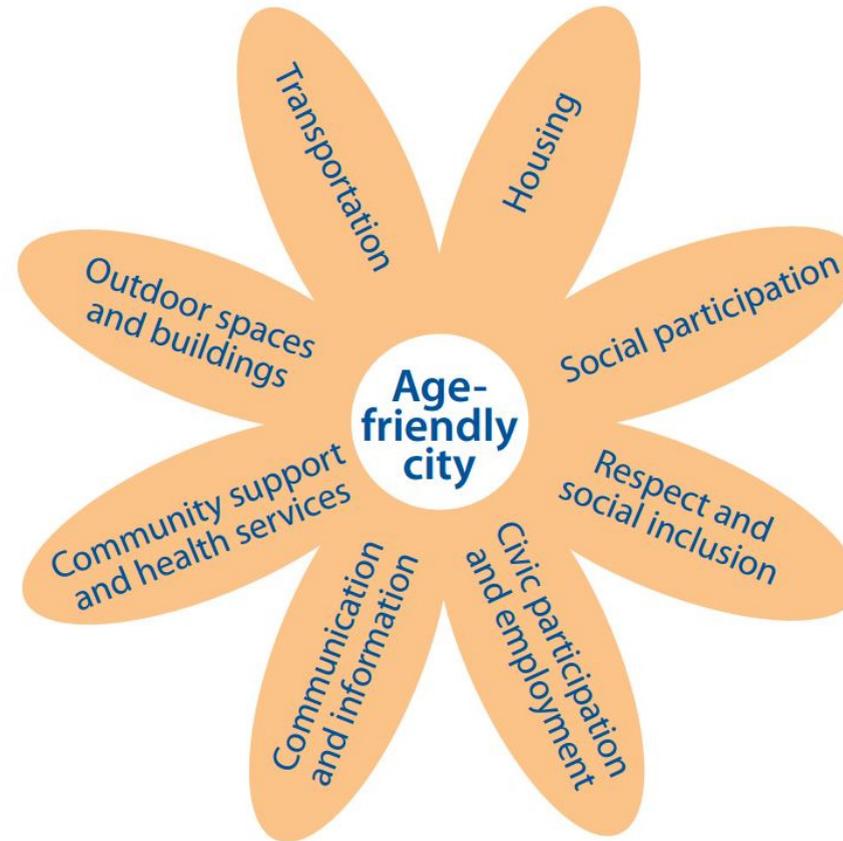


Immigration to Gladstone Between 2001 and 2006

STATISTICS CANADA



WHO Age-Friendly Flower



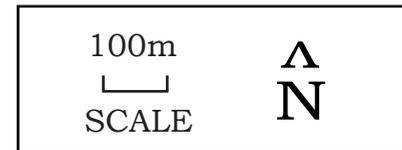
WHO Age-Friendly Flower

AGE-FRIENDLY MILESTONES

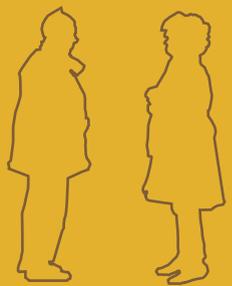
1. Establish Age-Friendly Committee
2. Secure a local municipal council resolution
3. Establish Action Plan
4. Raise public awareness
5. Publicly report outcomes



Gladstone Land-Use Designations



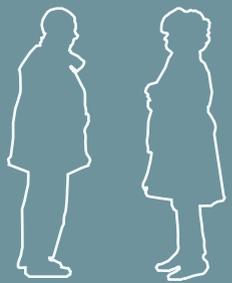
- RESIDENTIAL
- OPEN SPACE
- COMMERCIAL
- INSTITUTIONAL
- INDUSTRIAL



Transportation



- Handi-Transit Available on Call
- Toonie Tuesdays for Seniors
- Helps Seniors Without Vehicles to Run Errands
- Driver Escort Program



Walkability



400 METER RADIUS
600 METER RADIUS

100m
SCALE
N



- Environmentally friendly
- Health, Social and Recreational benefits
- Concerned with connectivity and proximity between destinations
- 400-600 meters

Built Form - Residential Area

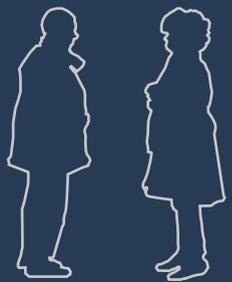
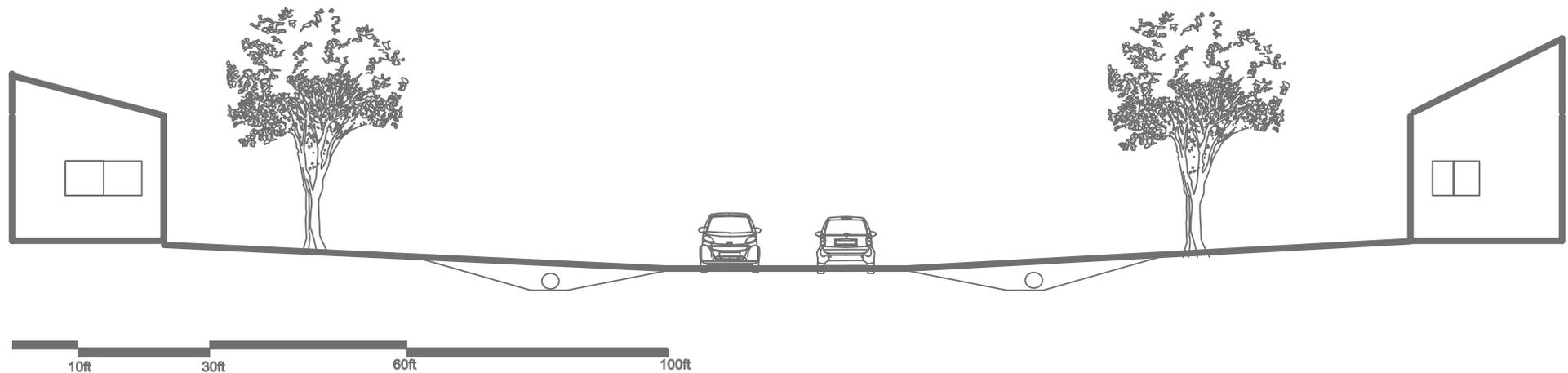
CHARACTERISTICS

Residential streets primarily consist of single family detached homes surrounding a medium-sized road. Gladstone's street range from 35' to 40' from edge to edge with setbacks of 40' - 65'.

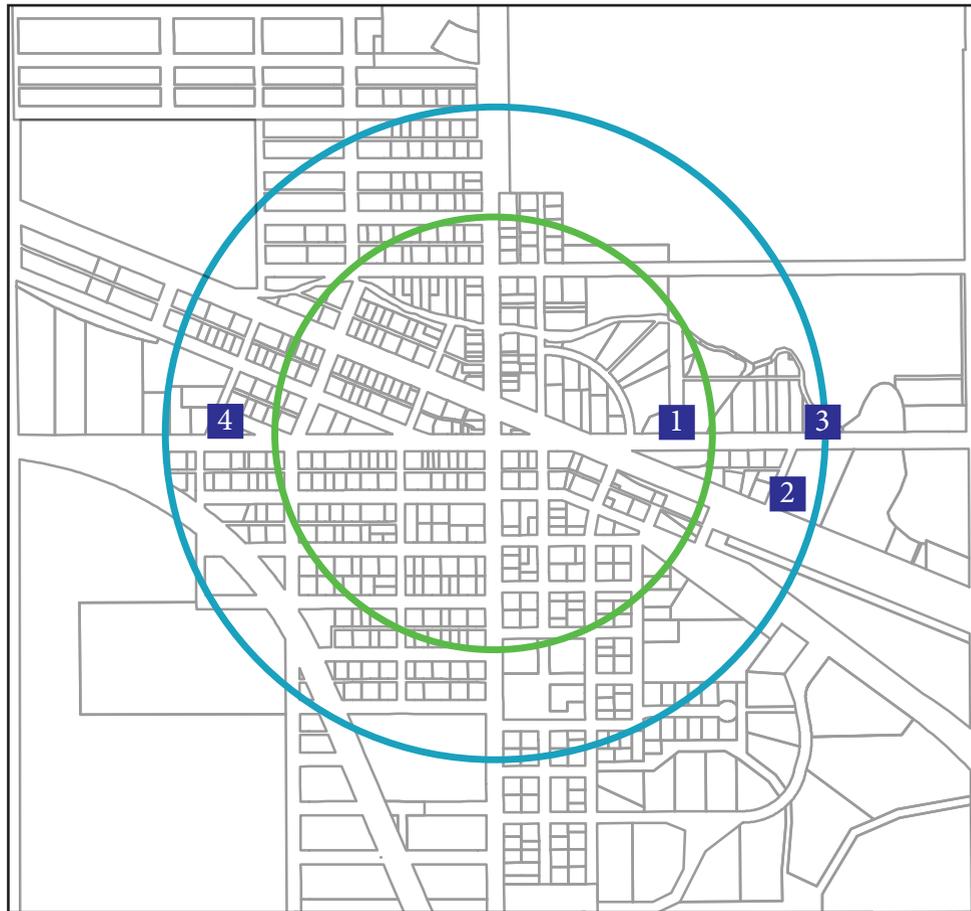
EXAMPLE

Galloway Street

Cross Section of Galloway Street



Built Form - Seniors Housing



400 METER RADIUS
600 METER RADIUS

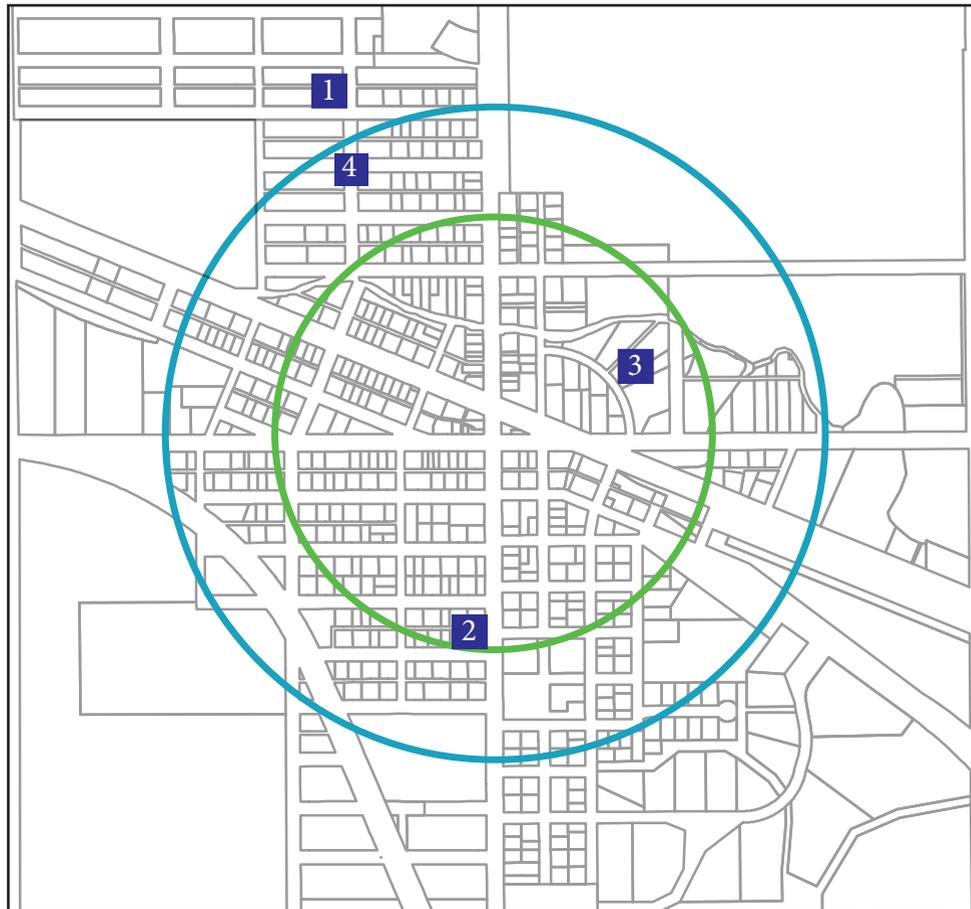
100m
SCALE
N



- 1. Crescent Lodge
- 2. Centennial Apartments
- 3. 110 Legion Place
- 4. Third Crossing Manor



Built Form - Multi-Unit Housing



400 METER RADIUS
600 METER RADIUS

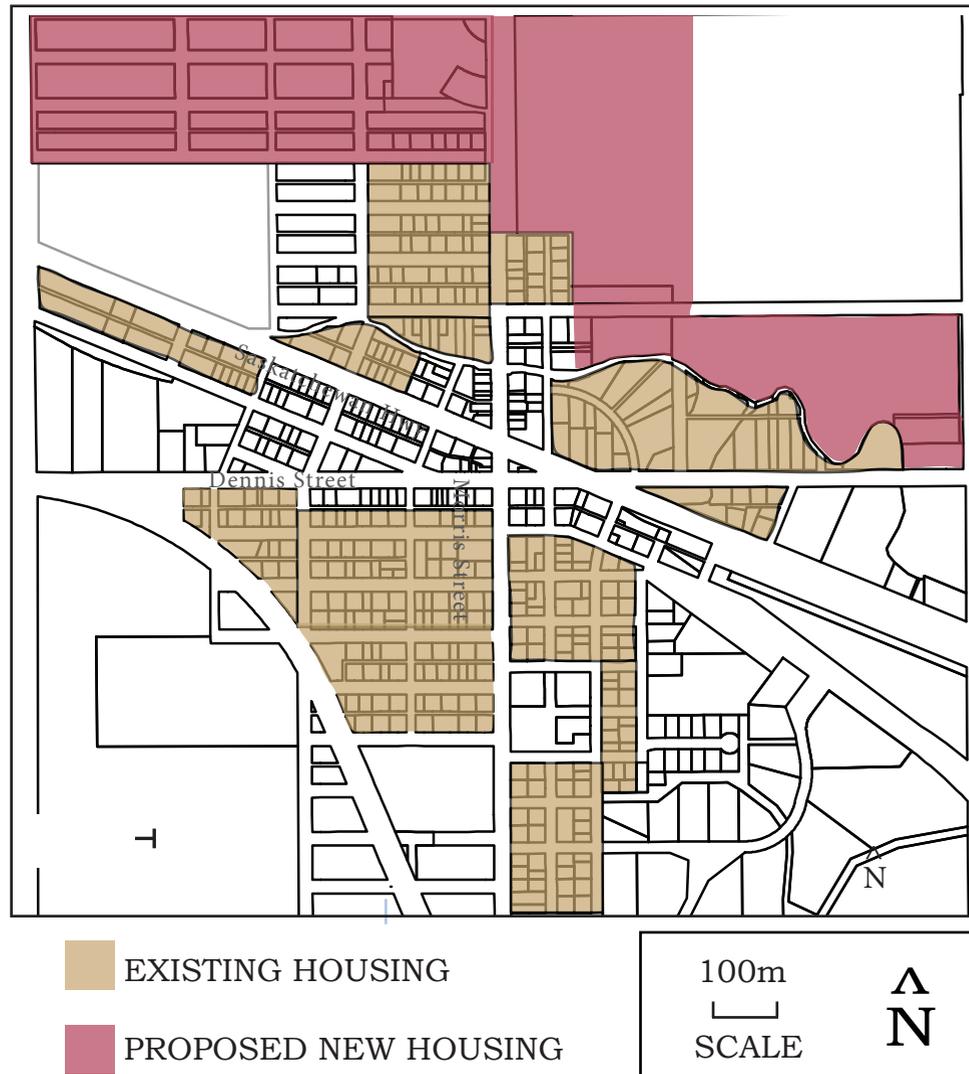
100m
SCALE
N



- 1. Clarke Place
- 2. Clarkson Suites
- 3. Galloway Building
- 4. Whitelark



Built Form - Housing Types



Built Form - Commercial Area

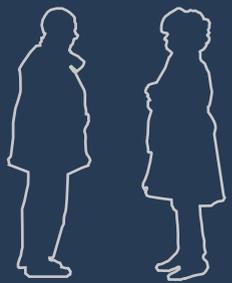
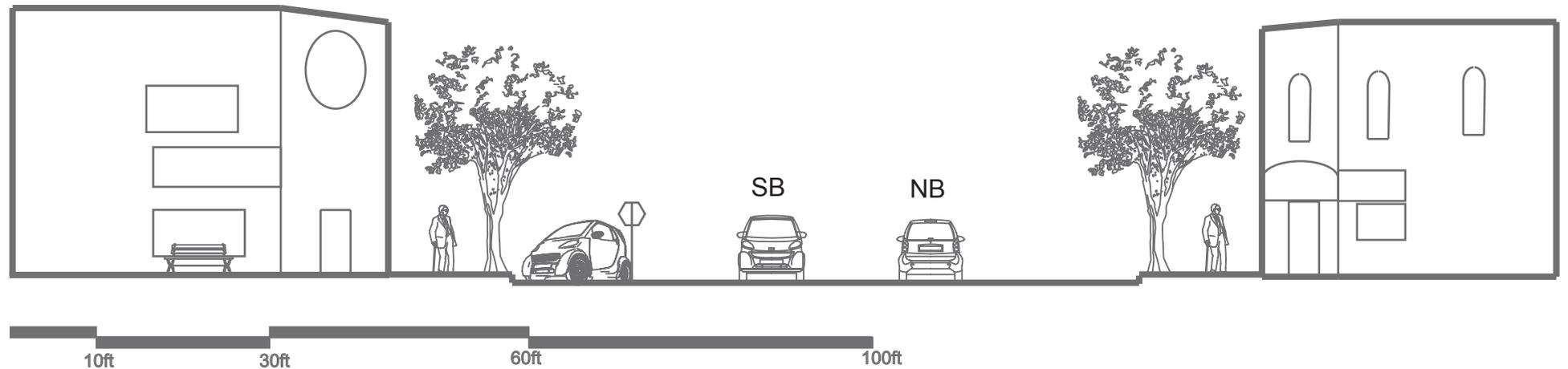
CHARACTERISTICS

Business Streets range from 60' to 70' from curb to curb and contain office, commercial, retail, and residential mixed uses. In addition, opportunities exist on places like Dennis Street for infill development.

EXAMPLE

Morris Street

Cross Section And Plan View of Morris Street and Dennis Street



Built Form - Commercial Area

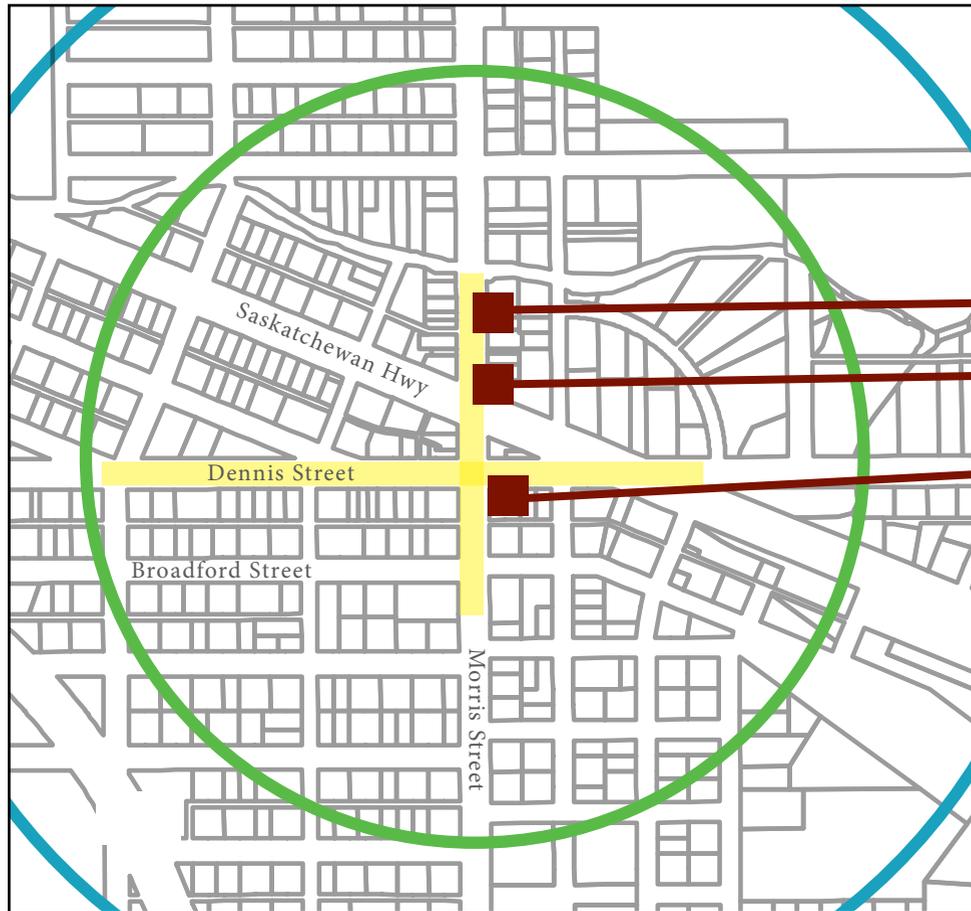


400 METER RADIUS
600 METER RADIUS

100m
SCALE
N



Built Form - Commercial Area



400 METER RADIUS
600 METER RADIUS

100m
SCALE
N



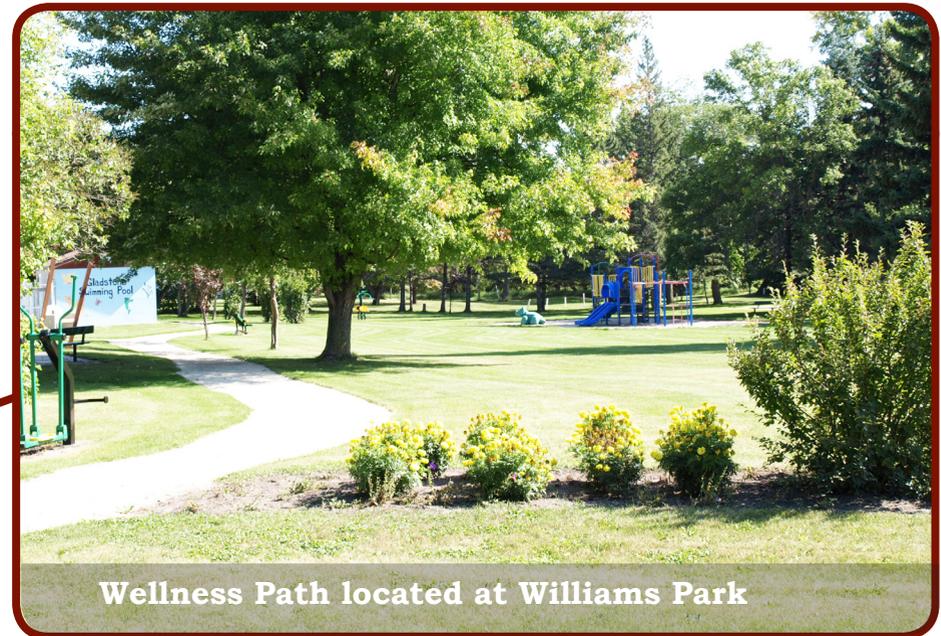
Outdoor Spaces - Williams Park



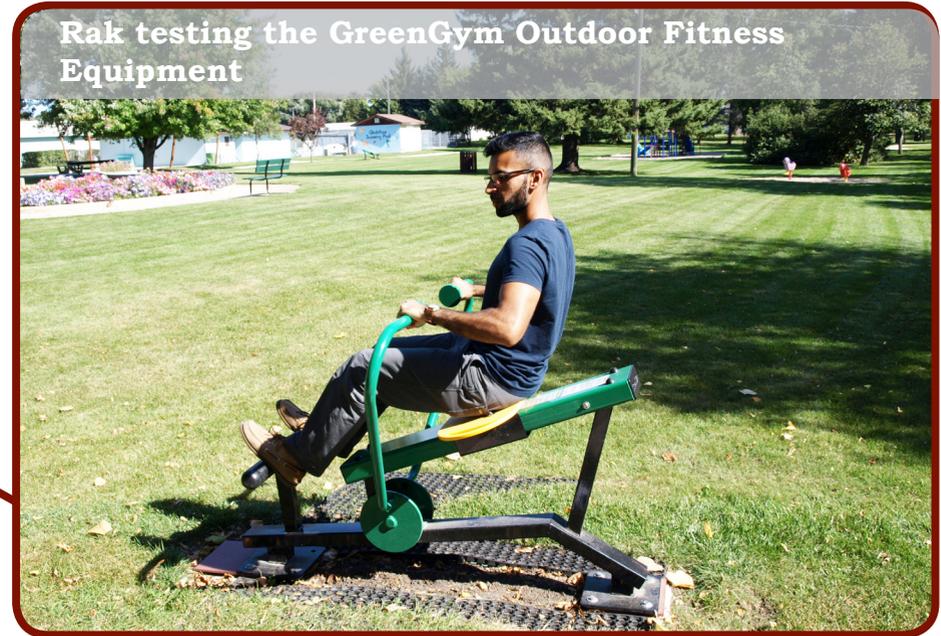
400 METER RADIUS

600 METER RADIUS

100m
SCALE



Wellness Path located at Williams Park



Rak testing the GreenGym Outdoor Fitness Equipment

Outdoor Spaces - Surfacing

MATERIALS

- Surfaces of walkways must be firm, fairly slip resistant, and stable enough to support the wheel chair loads, walkers, crutch tips, and motorized carts.
- Smooth concrete or asphalt surfaces are typically the most practical materials to meet this requirement
- Heavy scoring patterns and pavement patterns may create surfaces which affect wheelchair instability and control, and can create mobility barriers



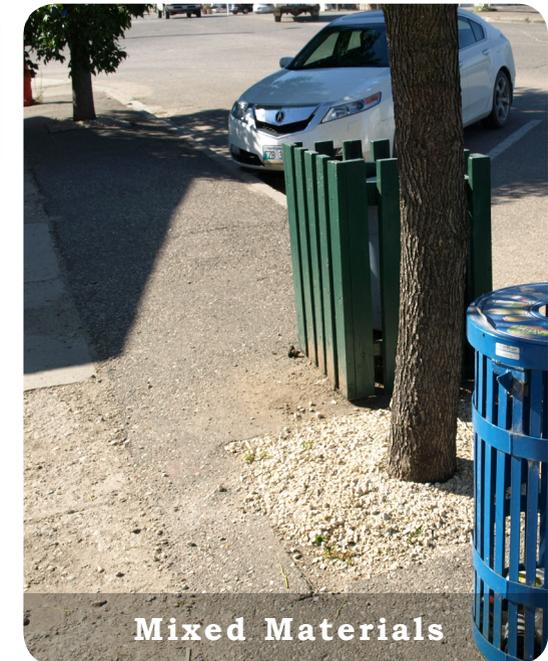
Brick Pattern



New Sidewalk Development



Gravel



Mixed Materials

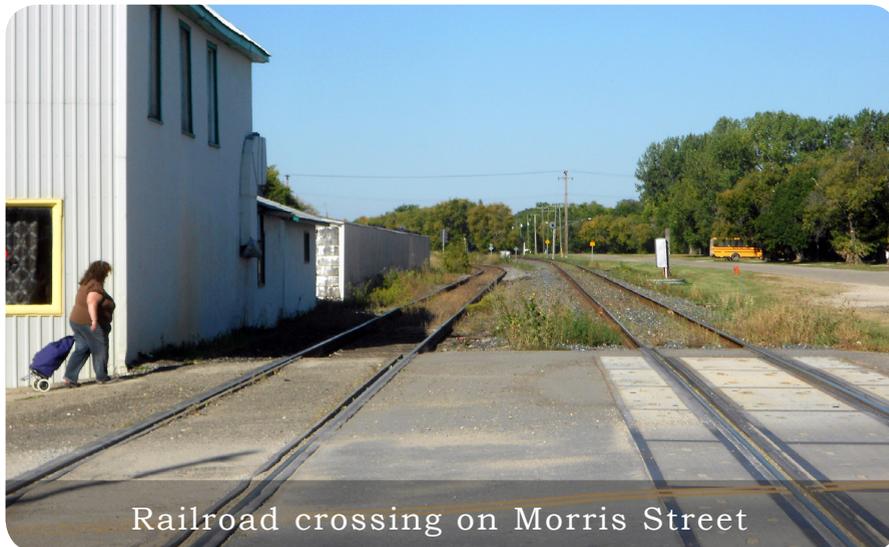
Outdoor Spaces

CURB CUTS

Curb ramps benefit all users, especially those in wheelchairs, people pushing strollers or luggage, and children on bicycles.



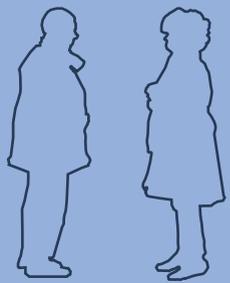
Example of a curb cut in front of Town Hall



Railroad crossing on Morris Street

RAILROAD CROSSING

The railroad crossing on Morris Street, raised some safety concerns due to the uneven surfacing and lack of safe or sensory devices.



Outdoor Spaces

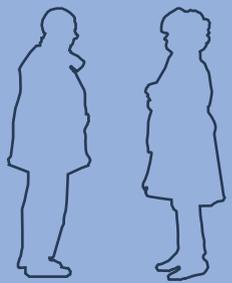
VEGETATION

- Tree-lined streets help to reduce the heat island effect throughout communities
- Improve air and water quality
- Provide shade to adjacent buildings which in turn reduce energy use.
- Protect sidewalks and lawns from harsh weather, reducing maintenance costs.
- Enhance the pedestrian environment by providing shade, aesthetics, and a buffer between the sidewalk and the street.



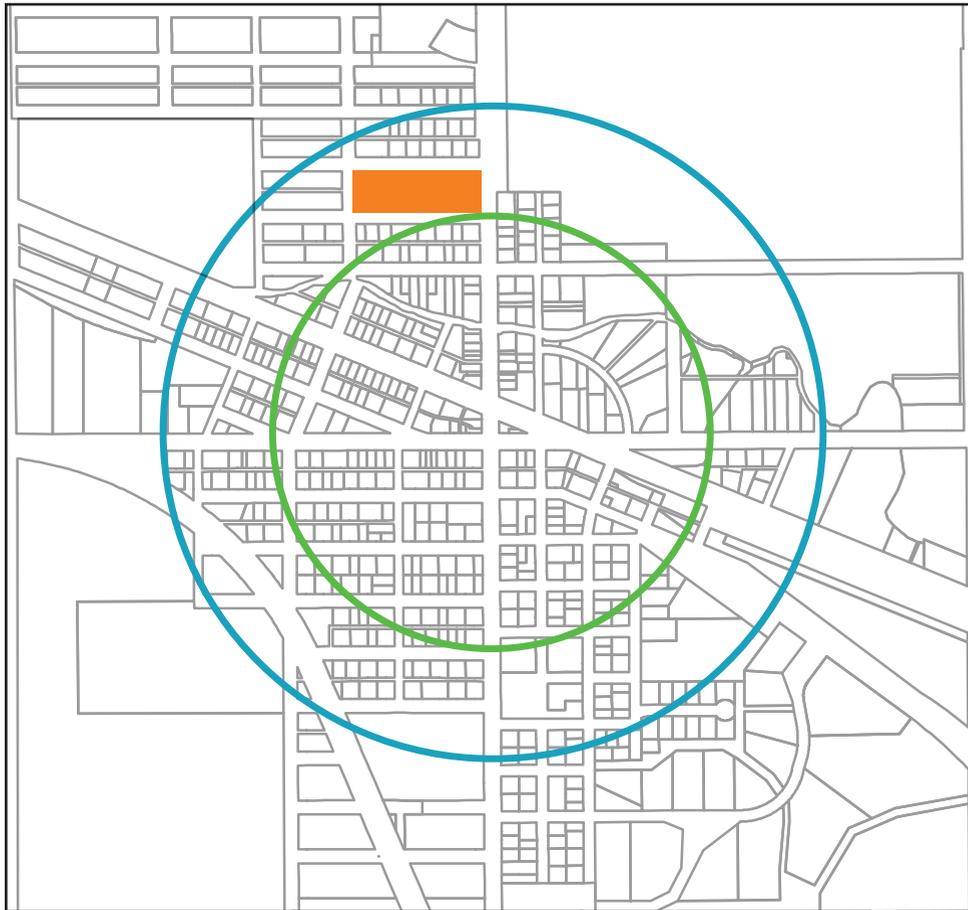
LIGHTING

- Roadway lighting for motorists is placed at approximately every 280 feet.
- Pedestrian-scale lighting, is located in the Theatre Courtyard currently 10-15 feet above the sidewalk.

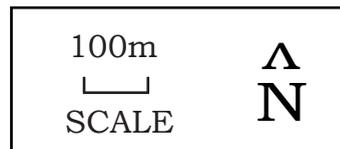


Community Support & Health Services

RECREATIONAL HUB



400 METER RADIUS
600 METER RADIUS



Community Support & Health Services

WILLIAMS PARK RECREATIONAL TRAIL

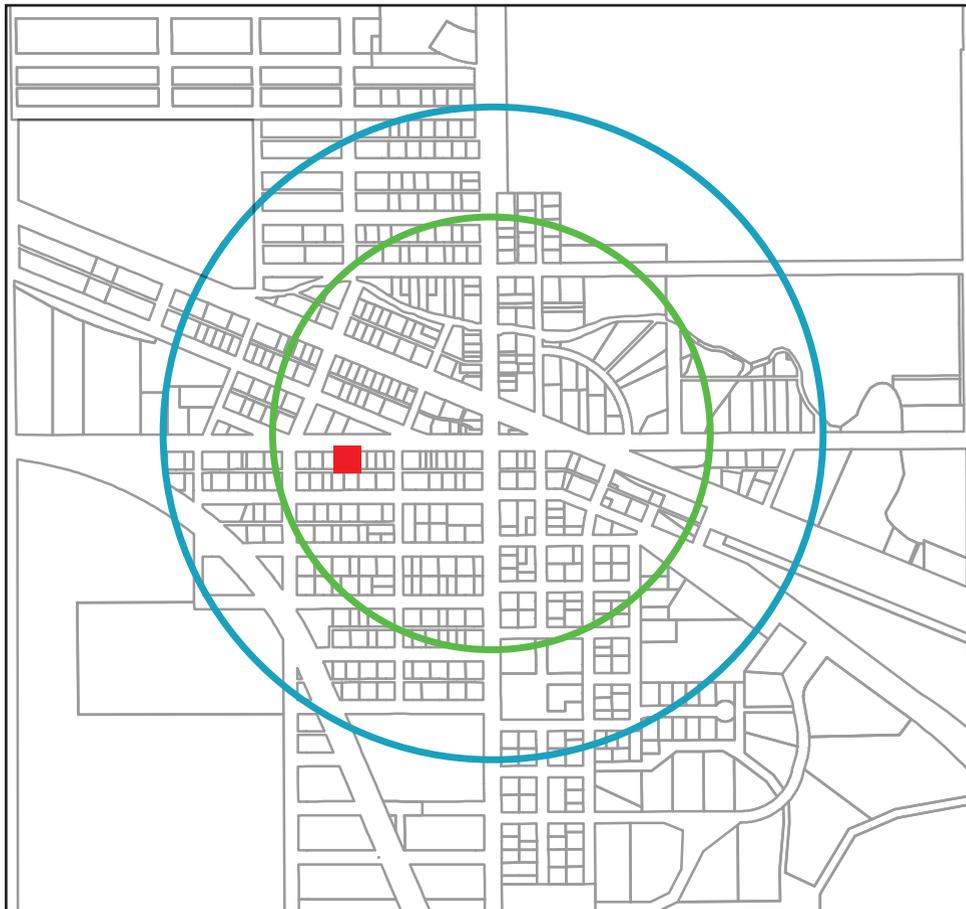


400 METER RADIUS
600 METER RADIUS

100m
SCALE
N

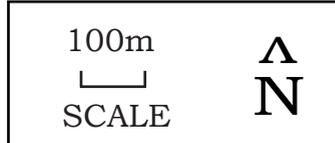


Community Support & Health Services



400 METER RADIUS

600 METER RADIUS

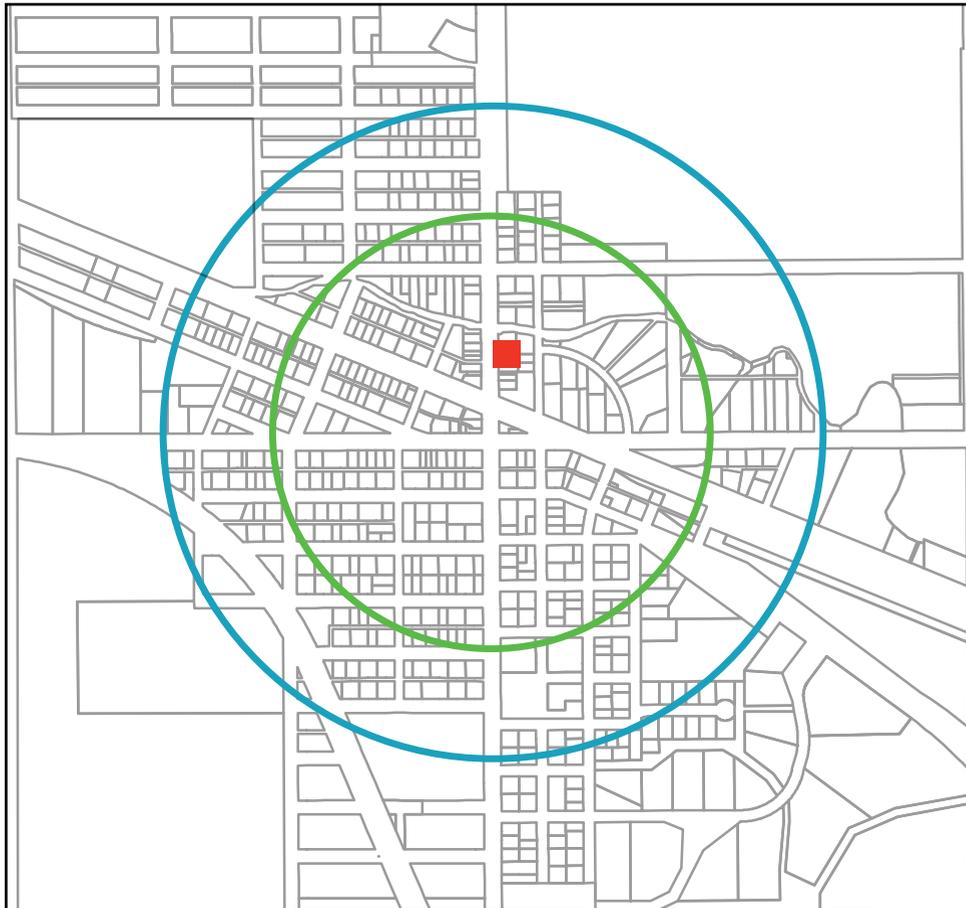


- Pool, Darts and Beverage Room
- Pool and Cribbage leagues



Community Support & Health Services

GLADSTONE SENIORS SUPPORT CENTER



400 METER RADIUS

600 METER RADIUS



- Victoria Lifeline Systems
- Equipment Rentals
- Emergency Response Kits
- Foot-Care Treatments
- Home and Yard Care
- Book Delivery
- Volunteer phone calls and visits
- Driver Escort Program



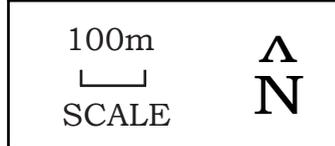
Community Support & Health Services

SEVEN REGIONS HEALTH CENTER



400 METER RADIUS

600 METER RADIUS

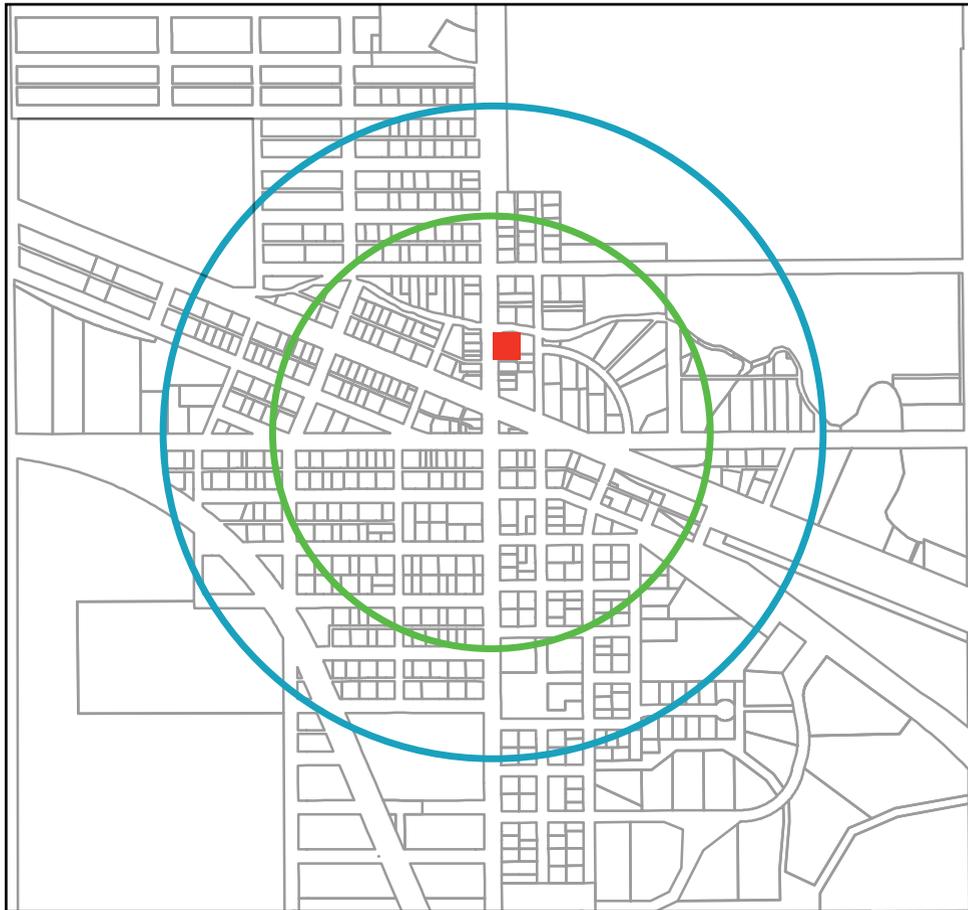


- Palliative Care
- Dentist
- 3 Doctors, 1 Gerontology Specialist
- Nurse practitioner



Community Support & Health Services

TNT FITNESS CENTRE

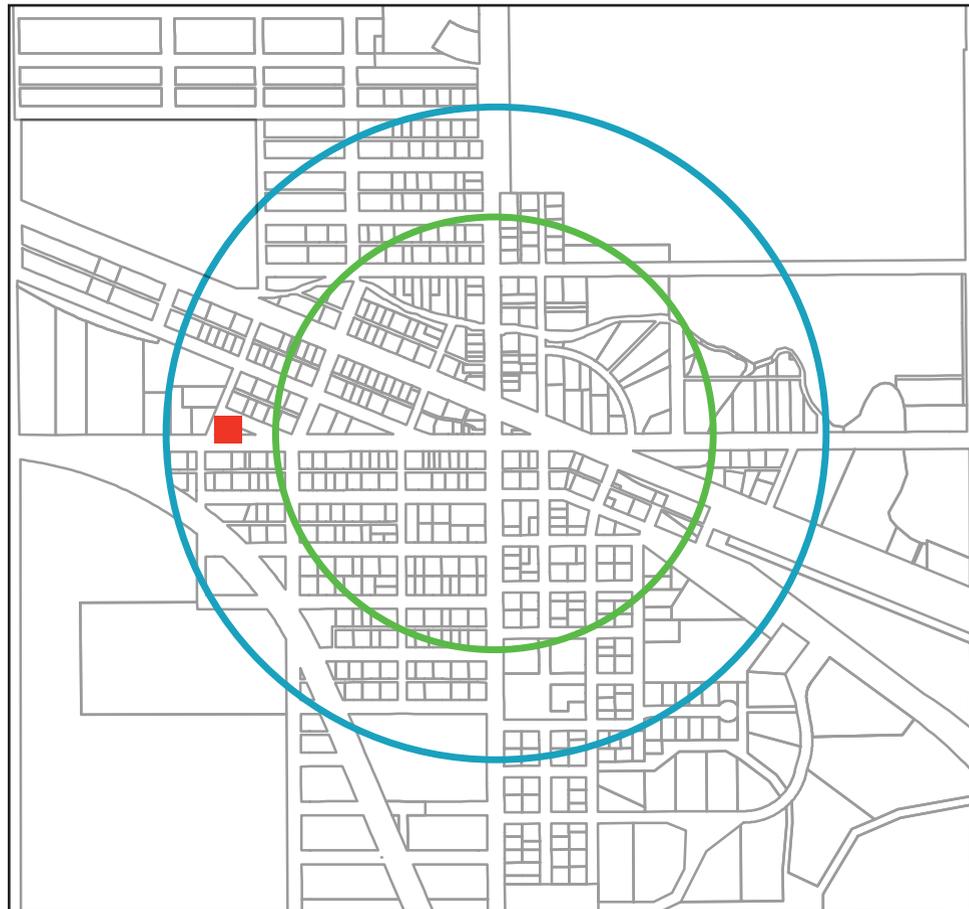


400 METER RADIUS
600 METER RADIUS



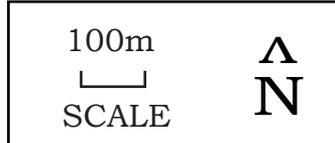
Community Support & Health Services

THIRD CROSSING MANOR



400 METER RADIUS

600 METER RADIUS



- 50 Bed Facility
- 24 Hours Nursing Care
- Currently Full



Community Support & Health Services



400 METER RADIUS

600 METER RADIUS

100m

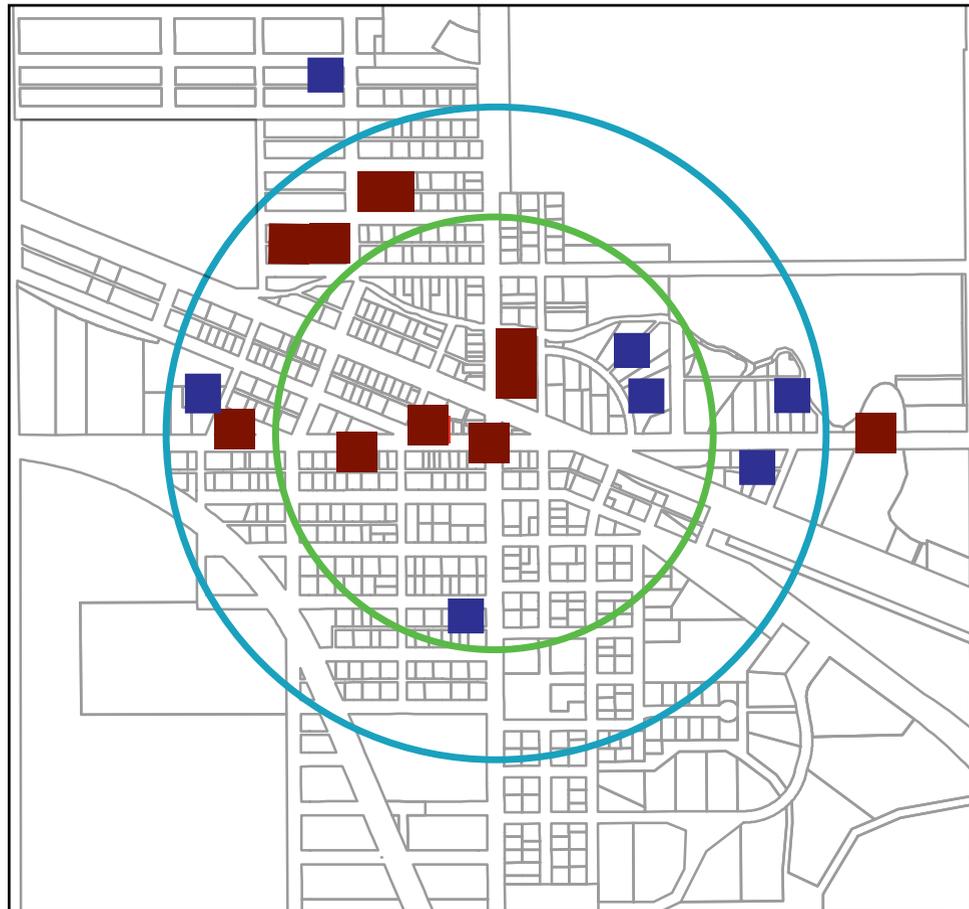
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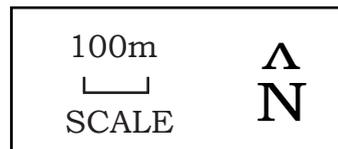
Community Supports and Health Services

SPATIAL ANALYSIS



- COMMUNITY SUPPORTS AND HEALTH SERVICES
- MULTI HOUSING BUILDINGS

- 400 METER RADIUS
- 600 METER RADIUS



Communication and Information



Public Message Board Outside of Post Office

- Senior Link Newsletter
- Glad-West Rec Newsletter
- Public Message Boards
- Town Website
- Senior Support Center phone calls

VOLUME 4, ISSUE 10
OCTOBER, 2013

Glad-West Rec Commission

Your Plumas-Gladstone-Westbourne Connection

Message from the Rec Director

Throughout the summer, we ran the 2013 Fitness Challenge. Thanks to a grant through the RHA (Healthy Living Together), as well as the generosity of local businesses, we are able to offer some great prizes. However, before I announce prize winners (see below), I must congratulate everyone who participated. I am so pleased with how serious people took the challenge and hearing about their goals and accomplishments. That was exactly the point of the challenge...to encourage people to take control, increase their physical activity levels and enjoy the benefits that healthy living provides. So, WELL DONE to everyone who participated. I hope you are extremely proud of what you have done...and maintain it into the future! Congratulations!

~ Susan Ross

What's Happening?

Hockey Camp
Gladstone Arena Oct 25-27
Ages 6-13
\$75 (if registered and paid by Oct 4/13), \$100 after Oct 4

Fitness Challenge
Congratulations to the following:
Early Bird - Laura Fischers (\$50 Coop gift card)
Family Category - Ito Cheryl Rodrig (Town, Camp/Swiss package)

YOGA
Starts Tuesday, Oct 1st from 4:30-5:30 PM (8 week) at Gladstone Elementary. Only \$15/person!

Firearms Safety
*Basic practices *Safe handling*
Dorcasia Chapman

UPCOMING EVENTS
Nov 5 - GDOC - YFC Banquet
Nov 5 - Arena - Breakfast Club
Nov 16 - GDOC - Craft Sale
Nov 22 - GDOC - PD Fan Day - Games, Games, Games!

Joke of the Month

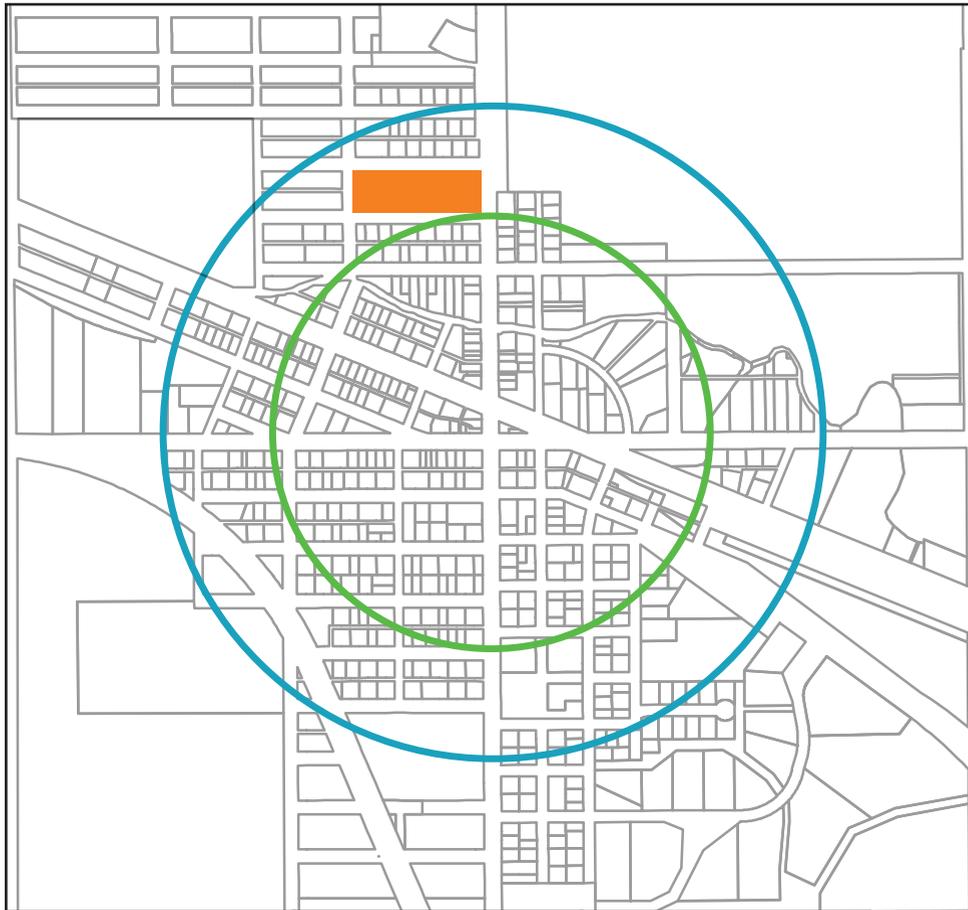
A DEA Agent stopped at a ranch in Texas and talked to an old rancher. He told the rancher, "I need to inspect your ranch for illegally grown drugs." The rancher said, "Okay, but don't go into that field over there." As he pointed out the location, the DEA Agent verbally exploded and said, "Look mister, I have the authority of the federal government with me!" Reaching into his rear back pocket, the arrogant officer removed his badge and proudly displayed it to the rancher. "See this badge! This badge means I can go wherever I want... On any land! No questions



Messages displayed at Town Hall in Gladstone

Social Inclusion

OFFERS



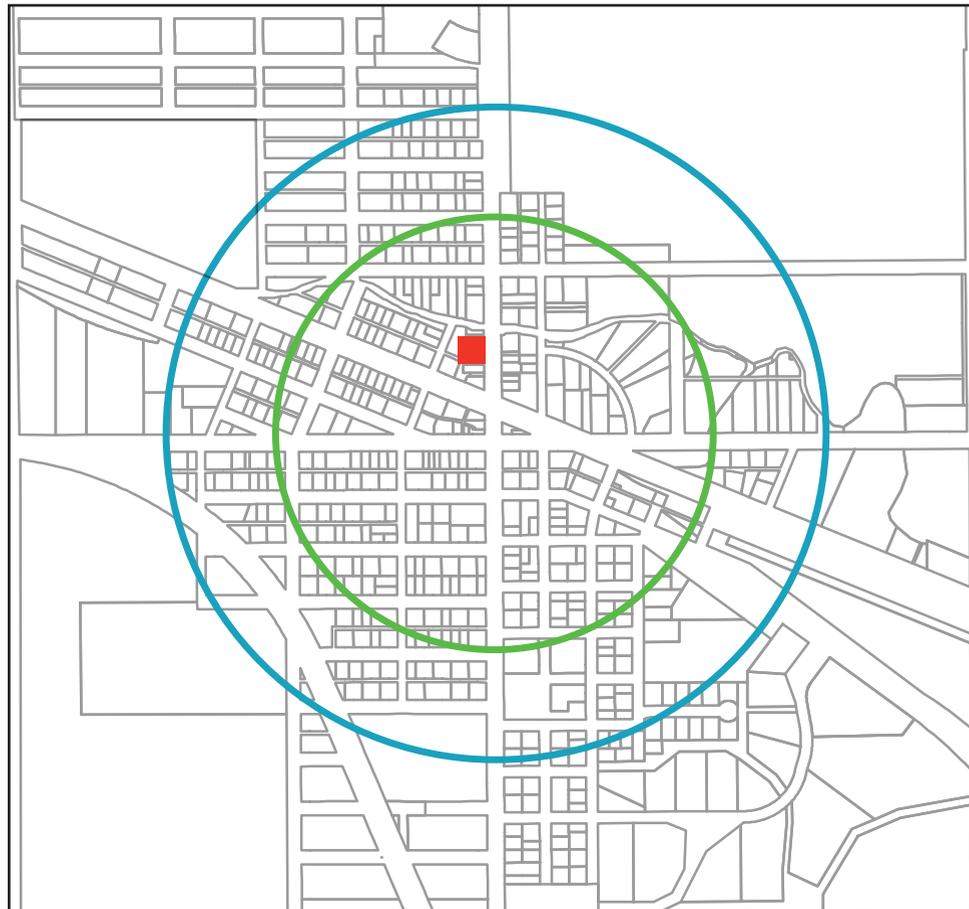
400 METER RADIUS
600 METER RADIUS

100m
SCALE
N

- Drum Classes
- 50's & 60's Dances
- Theater Program
- Comedy Night
- Jewellery Making Classes



Social Inclusion



400 METER RADIUS

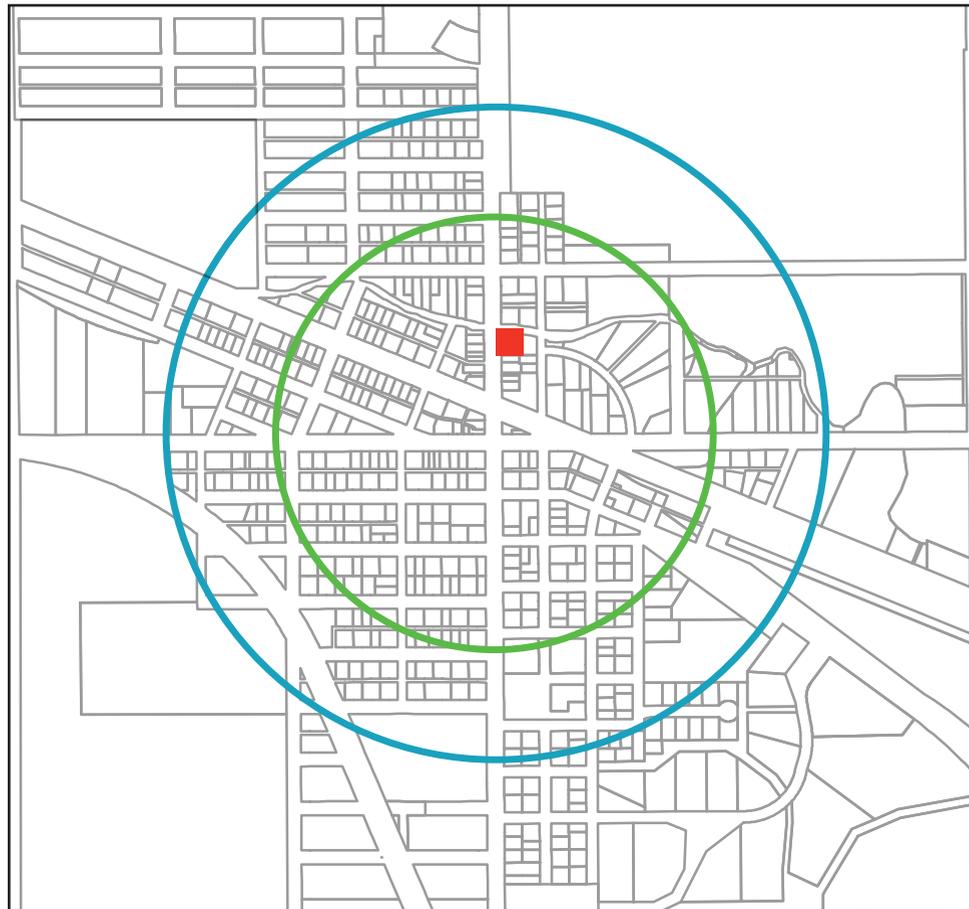
600 METER RADIUS



- Wednesday Night Wings
- Live Music
- Late night socializing opportunities



Social Inclusion



400 METER RADIUS

600 METER RADIUS

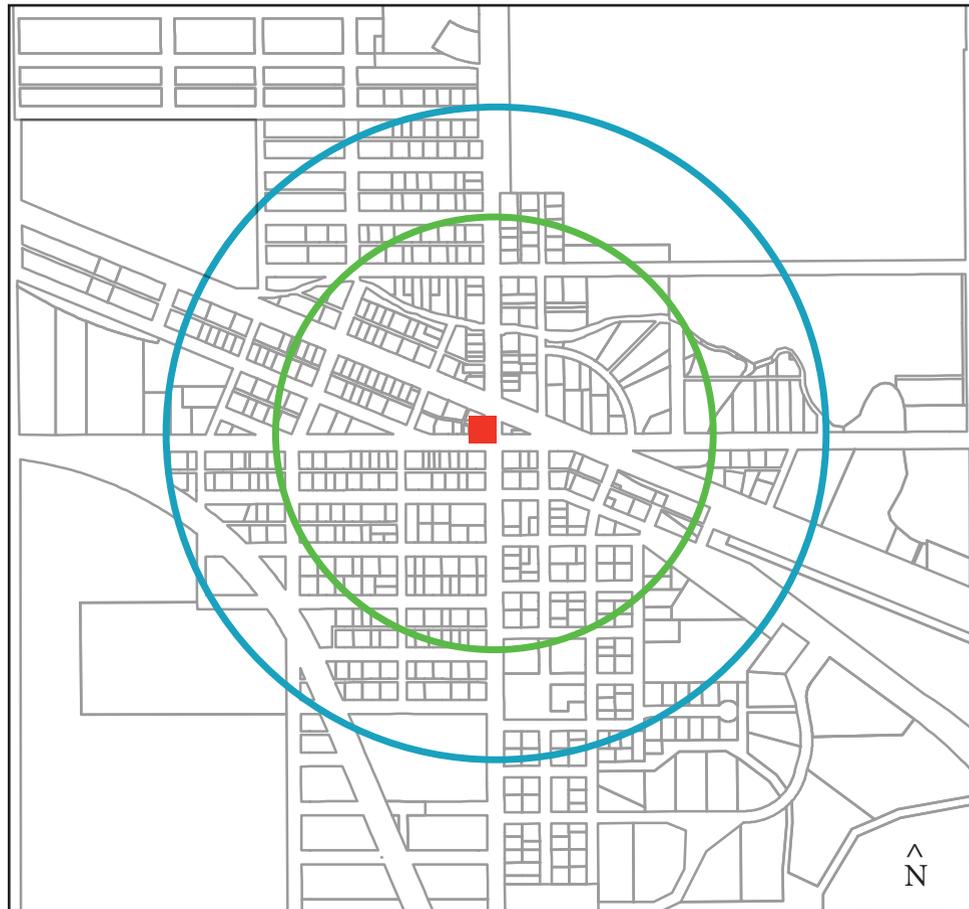


- Bookmobile Service
- DVD Rental
- Internet and Computers



Social Inclusion

GLADSTONE BAKERY



400 METER RADIUS

600 METER RADIUS

100m
SCALE

^
N

- Centrally Located
- Walking Distance to most seniors housing
- A Meeting Place



Social Inclusion

PASTORAL CHARGE



400 METER RADIUS

600 METER RADIUS

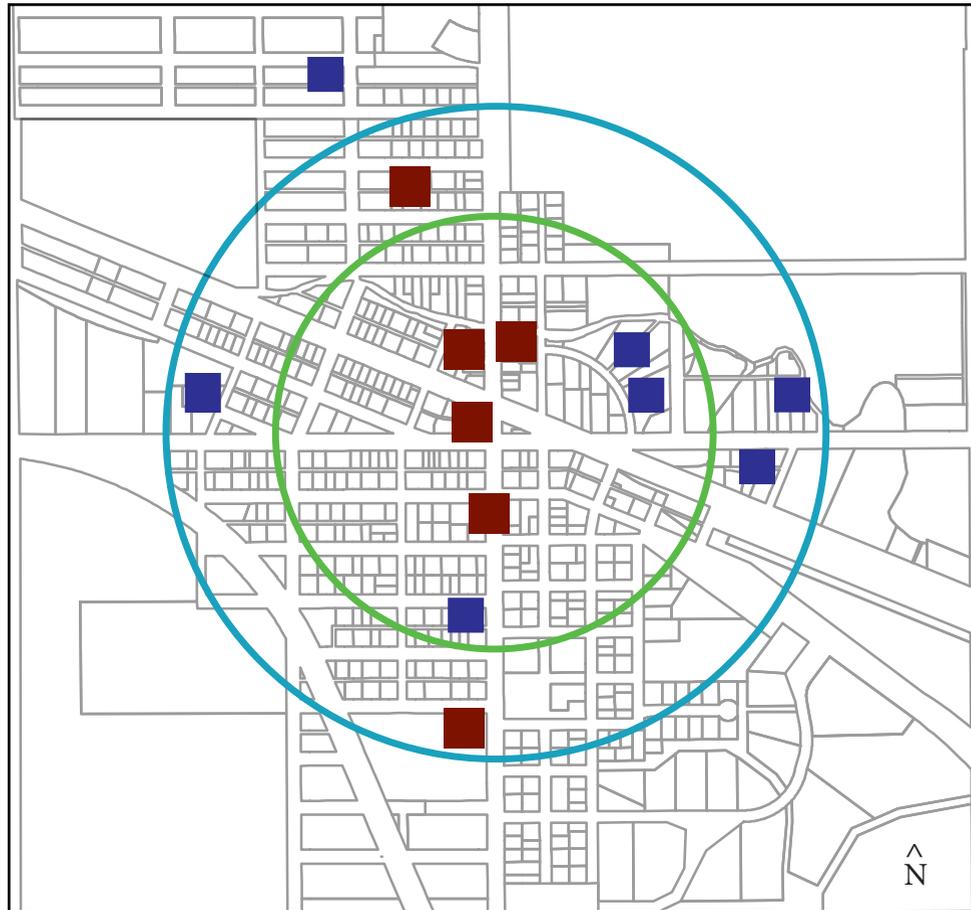
100m
SCALE

△
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- Wheelchair Accessible
- Outfitted for Hearing Impaired
- Community Based Activities

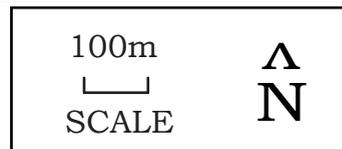


Social Inclusion

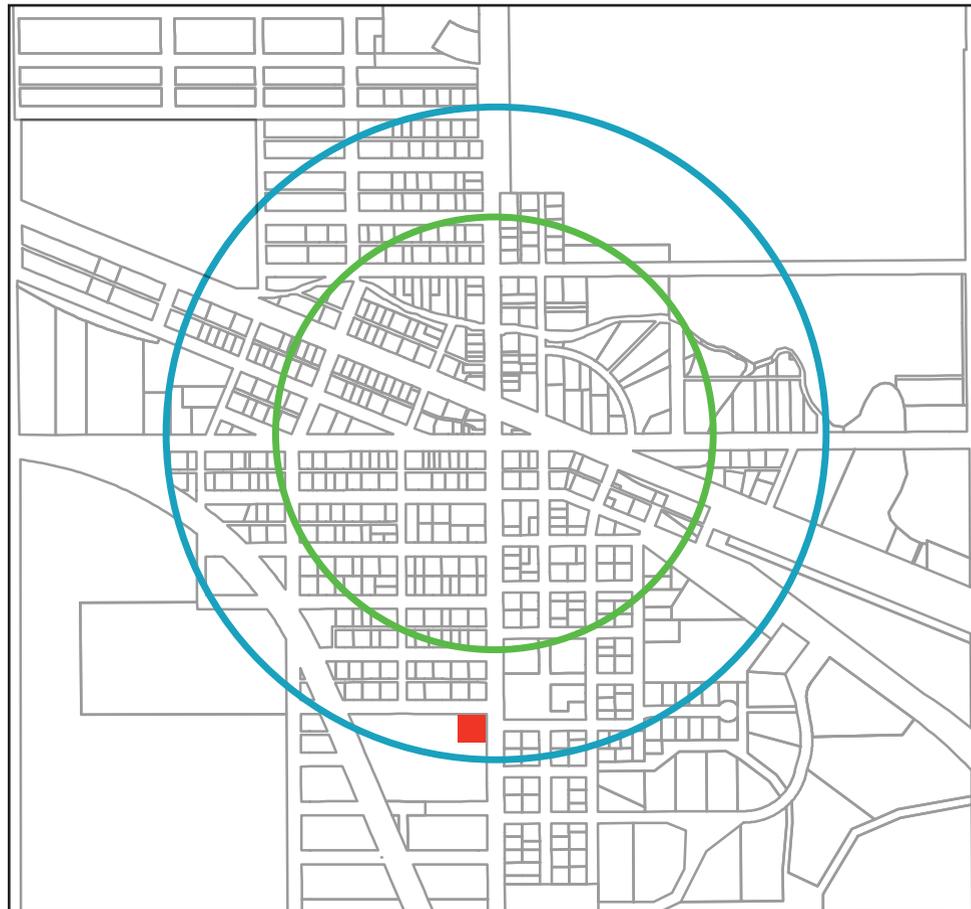


-  PLACES WHERE PEOPLE CAN SOCIALIZE
-  MULTI HOUSING BUILDINGS

-  400 METER RADIUS
-  600 METER RADIUS



Civic Participation



400 METER RADIUS

600 METER RADIUS

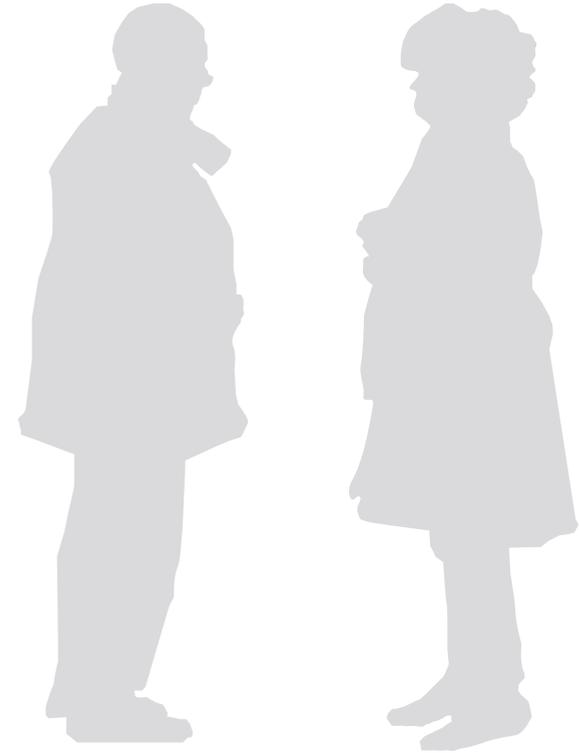


- Seniors Provide Mentorship
- Growing Produce in a Greenhouse for Culinary Program



Potential Areas of Further Research

- Housing
- Medical Services
- Enhancing Walkability
- Modes of Transportation
- Amenities and Services
- Employment and Civic Engagement



Thank You!

OPEN DISCUSSION

